



SHARK Rescue Training



Course Aim

To provide delegates with the knowledge required to be fully conversant in the operation of the S.H.A.R.K. for both rescue and evacuation.

Delegates will also be provided with the practical skills to use the rescue kit to lower a casualty to ground level, or descend to a suspended casualty and perform an assisted descent to ground level.



Who Should Attend?

Operatives who are already conversant in the use of their personal fall protection equipment.

Pre-requisites

Candidates must be competent in the use of their Personal Fall Protection Equipment.

It is a requirement to attend the [Safety Harness Theory Training](#) course prior to attending this course.

All delegates must be able to certify that they are physically fit and have no medical conditions that might prevent them working at height.

(A list of conditions that could affect practical training and work at height are available on request)



Course Duration

This is a 1 day course.



Agenda

Practical

- Correctly fitting and adjustment of a fall arrest harness
- Correct use of double and/or single fall arrest lanyards for personal safety whilst traversing and rescuing
- Identification of the key components for the rescue kit and their strengths and limitations
- The ability to assess the situation and select the appropriate recovery technique, i.e. anchor point selection and suitable points of safety harness attachment

All delegates will be fully conversant with an appropriate rescue system, which will normally include:

- The use of a self-locking descender to abseil
- How to free the casualty from suspension with the minimum exposure to risk
- The use of a rescue kit containing a self-locking descender to access a casualty and evacuate them down to safety

Equipment covered during training:

- Full Body Harnesses
- Double Fall Arrest Lanyards
- Gotcha Suspension Loop
- Spanset High Access Rescue Kit - SHARK



Certification

Delegates successfully completing the course will receive a digital certificate of attendance valid for 3 years. Paper certificate and photo ID card can be requested at an additional charge.

Safety / Value / Availability / Support



hsstraining.com



0345 766 7799



training@hss.com